

Weekly Practice Chart

You should practice a minimum of 30 to 60 minutes each day, depending on your level and the amount of repertoire on which you are working. When preparing for a playing class, recital or competition, you should double that amount. *All practicing should be done with careful listening for good tone and musicality, and with careful watching for good posture, correct hand position and finger technique. Remember to keep your shoulders down and relaxed, your elbows free-floating and your wrist and hand on an even plane.*

separately!

Slow down the tempo to the point where you can play musically without mistakes. Gradually increase the tempo. Remember you can't play faster than you can play! Tempo comes to you little by little - it cannot be pushed. Accuracy, musical phrasing and good tone quality should never be sacrificed for speed.

Try playing difficult scale passages in various rhythms and with different articulations to gain fluency.

Always have a goal in mind when you work on your pieces. Select how many sections (or bars if it is a short piece) you will practice during a given time period and what you want to achieve. Don't leave the piano until you have succeeded! Pay attention to dynamics and other markings in your music.

Helpful Hints for Difficult Problems

Work on one hand at a time until you can play without mistakes 3 times in a row. Then put hands together and do the same. Remember to play musically even when working hands

What to Practice	Suggested Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Scales	5-10 minutes							
Arpeggios Major and with 7th	5 minutes same as scale							
Chord Progressions	3 minutes to match scale you play							
Special Exercises	5 minutes HANON							
Piece 1								
Piece 2								
Piece 3								
Piece 4								

Write the titles of your pieces in the space provided in the boxes on far left. Write the time you begin and the time you stop practicing each item in the box under the appropriate day of the week. It is okay and even desirable to break up your practicing into two or more sessions during the day. Use the suggested times as a guide. You may not have all items in your practicing schedule every week and you may not have four pieces. Divide up the time remaining (after you have practiced your technical exercises) according to the number of pieces you have.